



KEATING'S
**ROPE &
ANCHOR**
BAR + KITCHEN

BREAKFAST BUFFET

FULL AMERICAN BREAKFAST BUFFET

Be tempted by our freshly baked breads and pastries. Indulge with sausage, bacon and scrambled eggs, or keep it healthy with cereal, yogurt parfait, breakfast potatoes, smoked salmon, fresh fruit and omelets made to order.

Includes coffee and juice. - 20

CONTINENTAL BREAKFAST BUFFET

Enjoy fresh seasonal fruits, pastry, cereal, oatmeal with gourmet toppings, yogurts, granola, and smoked salmon.

Includes coffee and juice. - 15

REGIONAL FAVORITES

THE BENEDICT

traditional Canadian bacon, toasted muffin hollandaise

RASPBERRY SWIRL PANCAKES

orange zest, white chocolate chips

CLASSIC BRIOCHE FRENCH TOAST

maple syrup, fruit compote

MULTIGRAIN BELGIAN WAFFLE

local berries, butter, warm maple syrup

MARKET BREAKFAST SANDWICH

Trenton pork roll, cage free eggs, American cheese, caramelized vidalia onions, torpedo roll

SOCIETY HILL BENEDICT

cage free eggs, Maryland crab cake, spinach, toasted muffin, hollandaise sauce

COASTAL HARBOR SMOKED SALMON

sliced tomatoes, red onions, capers, toasted South Street bagel

CINNAMON APPLE PANCAKES

almond yogurt pancakes, brown sugar, yogurt, gran gala apples

KENNETT SQUARE MUSHROOM & TOFU

Jersey tomatoes, onions, peppers, cardamom seeds, aged balsamic

OMELETS AND EGGS

CARAMELIZED ONION & ROASTED PORTOBELLO OMELET
Wisconsin cheddar 14

DELAWARE BAY CRAB OMELET
egg white, spinach, mozzarella 16

TWO CAGE FREE EGGS, ANY STYLE
breakfast potatoes, choice of meat 12

THREE EGG OMELET
your choice of fillings 14

ENHANCEMENTS

YOGURT PARFAIT 8

14 STEEL CUT OATMEAL
brown sugar, milk, raisins and roasted fruits 8

FRESH FRUIT & BERRIES 8

12 COLD CEREAL SELECTION 7

MUFFIN, CROISSANT, OR DANISH 4

TOAST, OR ENGLISH MUFFIN 3

12 BAGEL & CREAM CHEESE SPREAD 5

TURKEY BACON 4

11 BREAKFAST MEATS 4

BREAKFAST POTATOES 4

REFRESHMENTS

STARBUCK'S ROASTED COFFEE 3

TAZO TEA 3
Calm, Refresh, Awake, Passion, Earl Grey, or China Green

CAPPUCCINO 4

ESPRESSO 4

HOT CHOCOLATE 3

ASSORTED JUICES 4



Merchants of culinary cuisine and craftsmanship